



Job Title

High Performance Coach
(Boxing Ireland – High Performance Unit)

Reporting To

High Performance Director / National Head Coach

Duration

This is a full-time fixed-term position until August 2028, subject to funding.

Place of work

Boxing Ireland High Performance Unit, National Sports Campus, Abbottstown, Dublin 15, (with national and international travel as required)

Role Purpose

The High Performance Coach will contribute to the planning, delivery, monitoring, and evaluation of training and competition programmes within the Boxing Ireland High Performance Unit. The role supports the achievement of international performance objectives by preparing male and female boxers to compete successfully at major championships while contributing to the implementation of the Boxing Ireland High Performance Strategy.

Key Responsibilities

Coaching & Athlete Preparation

- Assist in the design, planning, and delivery of high-quality, periodised training programmes aligned with high-performance objectives.
- Coach and prepare athletes for domestic and international competitions and training camps.
- Support boxers across different developmental stages, including full-time and part-time athletes within the HP Programme.
- Provide technical, tactical, physical, and behavioural guidance to athletes to support performance, discipline, and professionalism.



- Design, implement, and continually refine skill acquisition frameworks that support the development of adaptable, competition-ready boxers, integrating representative training, individualised learning constraints, and evidence-informed coaching practice.

Programme Delivery & Monitoring

- Assist in directing, monitoring, and evaluating training and competition programmes within the HP Unit.
- Monitor athlete progress in collaboration with performance service providers (e.g., S&C, medical, sport science).
- Maintain accurate records of athlete development, performance, and attendance.
- Provide regular written reports on athlete progress, competitions, and training camps as required.

High Performance Strategy & Pathways

- Contribute to the implementation and ongoing development of the National High Performance Plan and Strategy.
- Input into talent identification processes and athlete development pathways.
- Support the management of training programmes across multiple competition strands within the HP system.

Multi-Disciplinary & Stakeholder Collaboration

- Work collaboratively within a multi-disciplinary performance team.
- Engage constructively with Boxing Ireland staff, volunteers, club coaches, Sport Ireland Institute personnel, and other relevant stakeholders.
- Foster a positive team culture based on cooperation, professionalism, and mutual support.



Operational & Professional Responsibilities

- Attend staff meetings and relevant professional development activities as required.
- Provide cover for other HP coaches and senior coaches when necessary.
- Keep abreast of current and emerging best practice in high-performance coaching and boxing.

General Duties

- Act at all times in the best interests of Boxing Ireland.
- Comply with Boxing Ireland policies, including Code of Business Conduct, safeguarding, health and safety, and confidentiality requirements.
- This role is not exhaustive and may evolve in line with the changing needs of the organisation.

Essential Requirements

- Be a minimum 1 star qualified coach, or equivalent
- Proven experience coaching boxers at national and/or international level.
- Ability to design and implement structured, periodised training programmes.
- Experience working within a high-performance or elite sport environment.
- Strong interpersonal skills and ability to work within a multi-disciplinary team.
- Have a clear understanding of athlete welfare, safeguarding, and duty of care in high-performance sport.
- Willingness to travel nationally and internationally.
- Garda Vetting / Access NI clearance and completion of safeguarding training.
- Full clean driver's license.



Working Hours

- Full-time role (40 hours per week), with flexibility required due to training camps, competitions, and travel.
- Overtime may be required; time off in lieu may be granted subject to approval.

Employment Context

- The position operates within a high-performance, results-driven environment requiring professionalism, discretion, and adaptability.
- Confidentiality and ethical conduct are fundamental to the role.

Salary - €40 to €45,000 commensurate with experience.

The role includes access to structured continuing professional development (CPD) opportunities aligned with the needs of the programme and the individual. This may include formal education, mentoring, workshops, and engagement with internal and external experts, with CPD activities agreed in line with organisational priorities and performance objectives.